

I have read and accept the terms of use and the privacy policy.

Legal notice and privacy policy

This website takes care of and ensures that the personal data of users is respected. As a user, you should know that your rights are guaranteed. Our team has done its best to create a safe and trustworthy space for you.

Here we explain what personal data we collect from our users and how it is used.

Bento Box S.L. has adapted this website to the requirements of Organic Law 15/1999, of 13 December, on the Protection of Personal Data (LOPD), and Royal Decree 1720/2007, of 21 December, known as the Regulations for the development of the LOPD. It also complies with Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons, as well as Law 34/2002, of 11 July, on Information Society Services and Electronic Commerce (LSSI).

1. IDENTIFICATION DATA

In order to comply with article 10 of the LSSI, we inform users of our identification and contact details:

- **Name or Company Name** : Bento Box S.L.
- **Registered office**: C/Julián Romea 23 28003 Madrid
- **NIF**: C46874129
- **Phone**: (+34) 699 948 779
- **E-Mail**: BentoEs@gmail.com
- **Registry Data**: This company is registered in volume 4 6708, Folio 51, Page number M-796270, 1st inscription, of the Mercantile Registry of Madrid.
- **Activity**: Food sharing activities.

2.- CONDITIONS OF USE OF THE WEBSITE AND PRIVACY POLICY

Through this website, Bento Box S.L will provide users with tools for the reduction of non-clinical stress and anxiety symptoms.

Principles That Will Apply to Personal Information

In processing your personal data, we will apply the following principles:

- **Principle of lawfulness, fairness and transparency:** We will always require your consent for the processing of your personal data for one or more specific purposes that we will inform you in advance with absolute transparency.
- **Data minimisation principle :** We will only request data that is strictly necessary in relation to the purposes for which we require it.
- **Principle of limitation of the retention period:** the data will be kept for the time necessary for the purposes of the processing, depending on the purpose sought.
- **Principle of integrity and confidentiality:** Your data will be processed in such a way as to ensure adequate security and confidentiality of personal data.

The personal data that we process comes solely and exclusively from the process of registering each user's account and answering the questionnaires enabled in this process, and, on the other hand, from the request for information commercial.

What are your rights when you provide us with your data?

The owner of the personal information provided through this website is referred to as the "data subject".

Any interested party has the right to obtain confirmation as to whether Bento Box S.L. is processing their personal data on this website.

Interested persons have the right to:

- Request access to the personal data relating to the data subject;
- Request its rectification or deletion;
- Request the restriction of your processing;
- Object to processing, and
- Request data portability .

Interested parties may **access** their personal data, as well as request the **rectification** of inaccurate data or, where appropriate , request their **deletion** when, among other reasons , the data has already been collected. are not necessary for the purposes for which they were collected. In certain circumstances, interested parties may request the **restriction** of the processing of their data, in which case they will only be kept for the exercise or defence of claims.

In certain circumstances and for reasons related to their particular situation, data subjects may **object to** the processing of their data. At Bento Box S.L., we will stop processing the data, except for compelling legitimate reasons, or the exercise or defence of possible claims.

As a data subject, you have the right to receive the personal data concerning you that you have provided to us in a structured, commonly used and machine-readable format and to transmit it to another controller if:

- The processing is based on consent;
- The data have been provided by the data subject; or
- The processing is carried out by automated means.

When exercising your right to data portability, you have the right to have personal data transmitted directly from controller to controller where technically feasible.

For what purpose do we process your personal data?

At Bento Box S.L. there are different systems for capturing personal information and processing the information provided by interested parties for any of the following purposes, and for each capture system (forms):

- Request to create a user for participation in the program, and
- Contact request to receive commercial information.

In case of **participation in the program** , the data will be processed for the following purposes:

- **User information:** reports are automatically prepared based on the responses to the questionnaires. Emotional management tools will be offered. Bento Box S.L. will not be able to access the individual responses of each user. The processing will be automated, without human intermediation. By providing their information, the user consents to their information being collected, used, managed and stored by Bento Box S.L., only as described in this Privacy Policy.
- **Information to the employer:** The company will receive anonymized reports by group and sector, without identifying the owner of the data. The purpose is to understand the dynamics of each department and category.

The data subject's employer will also be able to see the percentage of progress of each user and will be able to access the results of the scoring system by participation, without accessing the individual responses to the questionnaires.

- **Information to the Colegio CEU San Pablo de Madrid:** Anonymized information will be transferred, which will be uploaded to a statistical analysis system to make a comparative report and find correlations.

In the case of a request for commercial information, the personal data provided will be used to contact the interested party for commercial purposes.

In accordance with the provisions of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons, Bento Box S.L. will be responsible for the processing of data.

Bento Box S.L. It does not sell, rent or transfer personal data that can identify the user, nor will it do so in the future, to third parties without prior consent.

In the event of a collaboration, we will require your consent, informing you about the identity of the collaborator and the purpose of the collaboration. It will always be carried out with the strictest standards of security and confidentiality.

Legitimacy for the processing of your data

The legal basis for processing your data is consent. To contact or create your username on this website, prior consent is required in accordance with this Privacy Policy.

Category of data collected

The categories of data that are processed are specially protected data. However, the volume of treatment is not large-scale.

How long will we keep your data?

We will retain your data until it fulfils the purposes set out in this policy or until you ask us to delete it.

To which recipient will your data be disclosed?

In case of participation in the program, the data will be communicated to the **employer** of the interested parties. They will be able to view the results in an aggregated and anonymized way. For example: *"70% of the production department has a high level of stress."*

On the other hand, we carried out a collaboration with the **CEU San Pablo** school, providing completely anonymized information, without any type of link to the user's data. This will be done for research purposes and the data will be uploaded into a University statistical software to analyse correlations.

Data Security

Bento Box S.L. is committed to the use and processing of users' personal data, respecting their confidentiality in order to use them in accordance with the company's purpose, as well as complying with its obligation to keep them and adapt all measures to avoid alteration, loss, unauthorised processing or access, in accordance with the provisions of current data protection regulations.

In the event of a security incident, upon becoming aware of it, Bento Box S.L. will notify the interested parties without undue delay and will provide timely information related to the Security Incident as it becomes known or when the interested party reasonably requests it.

Exclusion of Warranties and Liability Issues

This website has been reviewed and tested to work properly. However, Bento Box S.L. does not rule out the possibility that there are certain

programming errors, or force majeure events that make access to the website temporarily impossible.

Bento Box S.L. excludes, to the extent permitted by law, any liability for damages of any kind arising from:

1. The **impossibility** of **access** to the website or the lack of veracity, accuracy, exhaustiveness and/or timeliness of the contents, as well as the existence of vices and defects of all kinds of the contents transmitted, disseminated, stored, made available and accessed through the website or the services offered.
2. **Failure to comply** with the law, good faith, public order, traffic usage and this Legal Notice, as a result of the incorrect use of the website.

The provider does not guarantee the continuous and permanent availability of the services, thus being exonerated from any liability for possible damages caused as a result of the lack of Availability of the service due to force majeure or errors in the telematic data transfer networks beyond their control, or due to disconnections made due to improvement or maintenance work on computer equipment and systems.

Cookies

This website uses cookies that store and retrieve information when you browse in order to recognize you as a user. Cookies are stored in the cache of your user's browser, the directory depends on the browser in question. We do not use cookies for advertising purposes.

